



Empowering Patients' Right of Choice

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Our experience with hospice care: what we knew (and didn't)



Our Experience with Hospice

What we knew, what we didn't, and our personal misconceptions.





This story is not unique.

- Thousands of patients and families are faced with this decision every day
- Many feel blind-sided and vulnerable when the onset of hospice care comes quickly
- Difficult for patients and families to receive education / resources before it's time to decide







What is the overall sentiment around end-of-life care?





People value comfort and peace towards end-of-life care.

Being comfortable and without pain

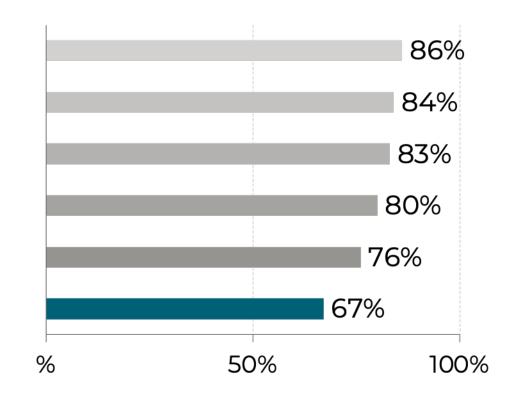
Making sure family is not burdened by tough decisions about your care

Making sure family is not burdened financially by your care

Making sure you receive the best medical care

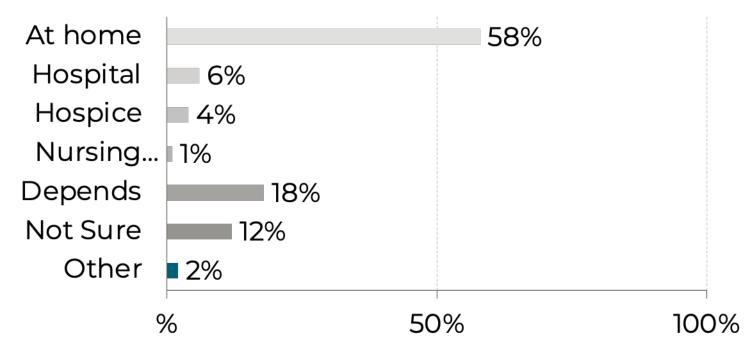
Being at peace spiritually

Making sure you are surrounded by family





People want to spend their last days wherever they call home.





As people age, there's often more worry about losing independence and quality of life rather than death itself.

59%

Concerned about losing independence

33%

Concerned about death itself



There is a clear alignment between what people want in end-of-life care, and what hospice provides.



So why is there a gap?

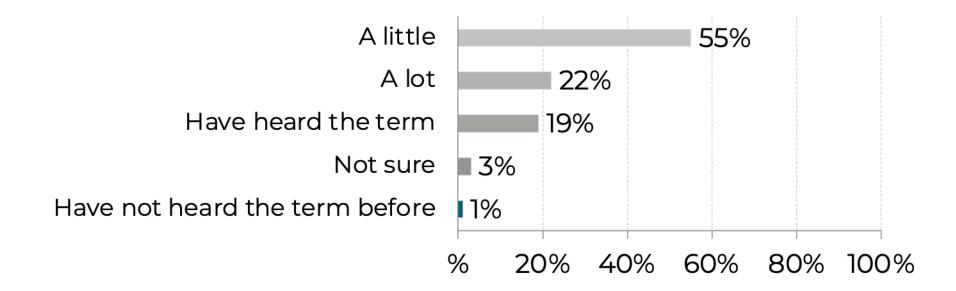


How familiar are people with hospice care?



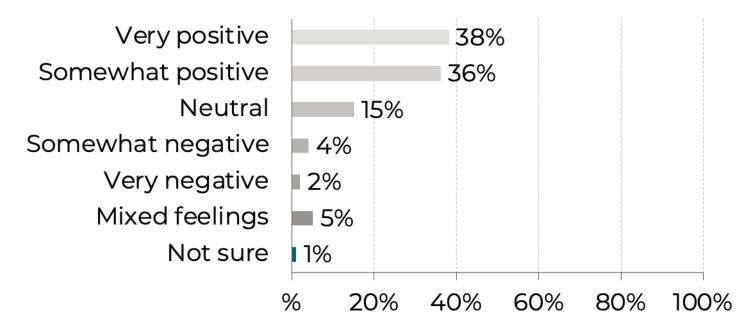


Around 75% of people know very little about hospice care.





The majority of people who knew at least a little about hospice had a positive opinion about it.

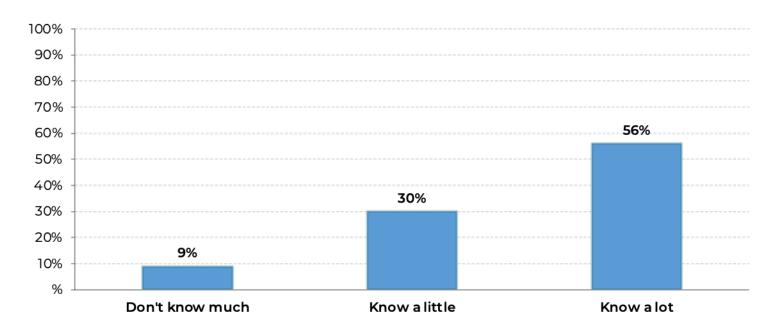






As people learn more about hospice, they are more likely to have a positive opinion.

Percent of respondents selecting 'very positive' opinion on hospice





Not only do people not know about hospice, but they also don't know they have a choice of who provides the care...



Why patient choice matters in hospice care





Ethical Considerations



Support the right to make healthcare decisions

People have the right to self-determination



Improved Outcomes



Improves Patient Satisfaction and Trust



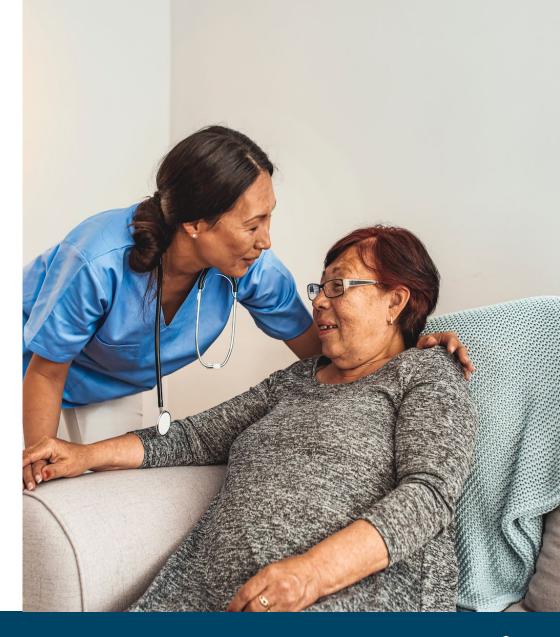
Promotes Autonomy and Dignity



Enhances Treatment Adherence



Supports Mental and Emotional Well-being



Personalized Care



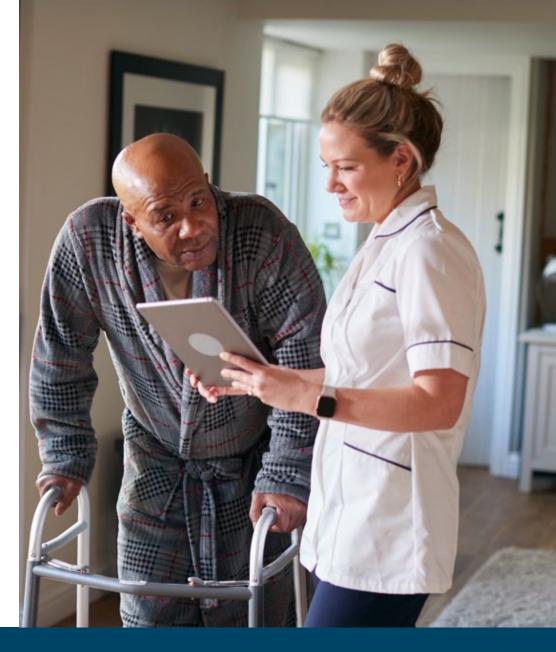
Addressing Unique Cultural Needs



Catering to Specific Care Requirements

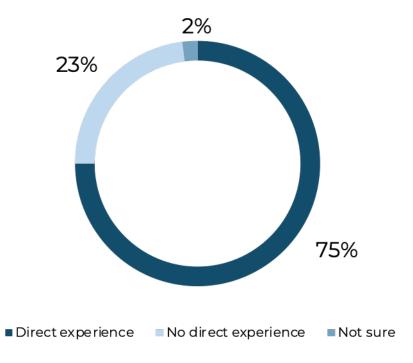


Facilitating Spiritual Comfort



Why are people not familiar with hospice and their rights?

Most familiarity comes from direct experience for a family member or loved one.





The gaps in education and discovery of hospice care



What's the current status? Are we doing enough?

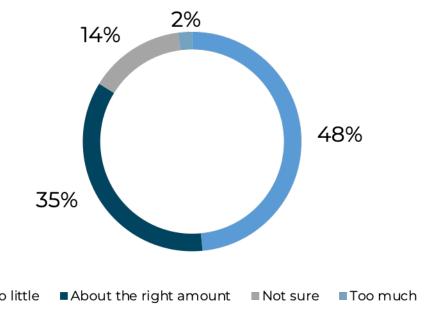


There are many misconceptions.

- Hospice is a place
- Hospice care is expensive
- Hospice is only for the elderly
- Choosing a hospice means giving up
- Someone else chooses a hospice for me
- You can't go back to curative treatment

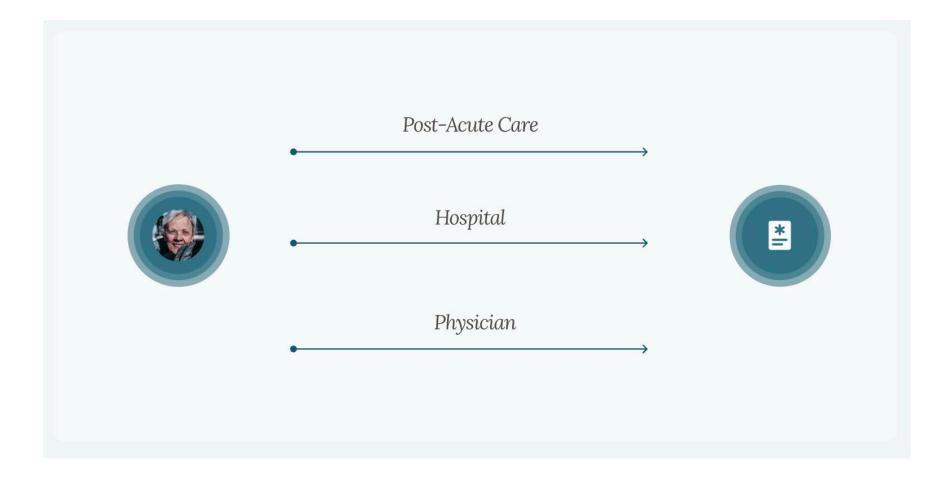


Close to 50% feel people in the US have little control over decisions made about their end-of-life care.



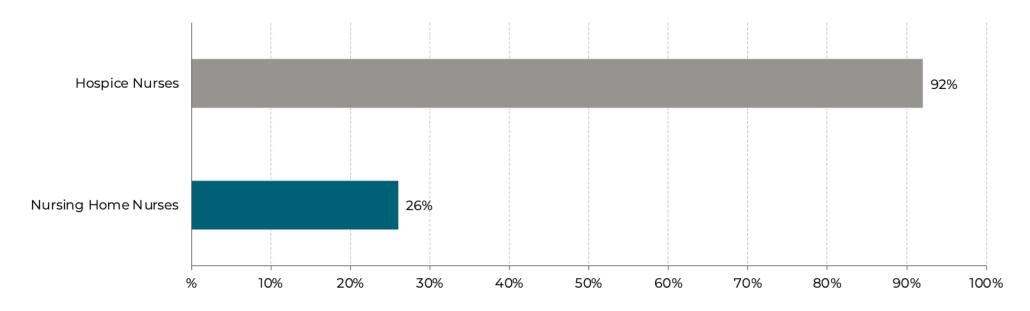


The discovery gap: Current shortfalls





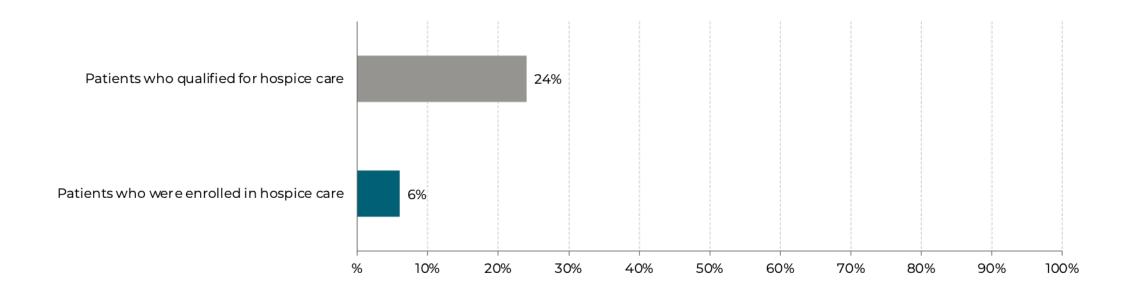
Nurses believe a lack of hospice knowledge among nursing home staff is a barrier to hospice enrollment







Nursing home patients eligible for hospice were not enrolled at the time of death





What can we do to empower patient right of choice?





What can families, facilities, and hospices do?





For Facilities

- Provide comprehensive information
- Create cultural competency training programs
- Equip social workers & care planners
- Leverage technology



For Hospices

- Clear communication
- Establish workshops, webinars, and educational programs
- Equip staff with the right tools
- Simplify admission





For Patients

- Seek information
- Ask the right questions
- Seek second opinions
- Join support groups

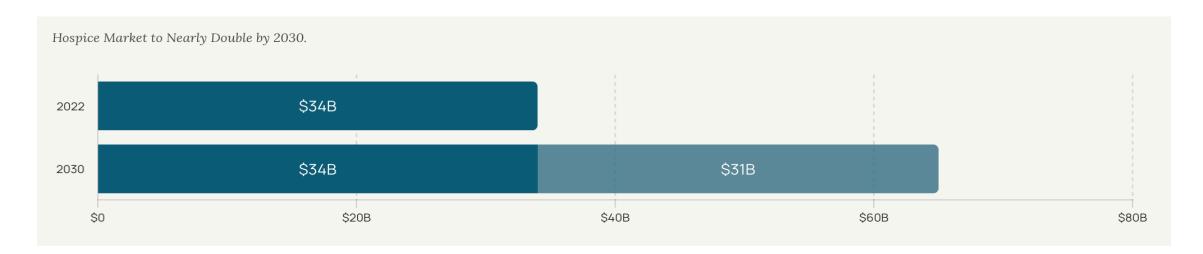


Wrapping up



The Shift to At-home Care

- Hospice Care is the 2nd fastest growing healthcare segment nationwide, trailing only behind personal care.
- Shifting patient preferences, family involvement, and payer acceptance



"Impact of Home-Based Social Work Palliative Care on Hospital Use at *the* End of Life: A Hospice Provider Group–Outcome Evaluation." (Journal of Palliative Medicine, 2019)

"Hospice Care is the 2nd fastest growing healthcare segment nationwide, trailing only behind personal care." (Hospice News, 2022)



The more we empower patient right of choice,

the more we empower <u>autonomy</u>
the more we empower <u>dignity</u>
the more we empower <u>quality</u> of life







Thank you

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